Don't worry I'll help you! and She's got the X factor!

You're a star!

Preparation

• Print a star template for every learner in the class.

Tip: Create your own star as an example either on paper or the white board.

To make the lesson more fun, bring in coloured pens, pencils, glitter and glue to bring the stars to life!

Instructions

1. Go around the room inviting learners to say what they are good at or enjoy doing. You can start with a few examples of your own, such as: I'm good at baking cakes, or I enjoy dancing.

Tip: Some learners may find it difficult to recognise and describe their own skills and strengths. If so, invite other learners (ideally a friend) to help out and tell them why they are a star.

2. Write the sentence structures and suggested verbs on the white board and adjust according to level, e.g. Entry 1:

I'm good at I enjoy......

For Entry 2 and above, encourage more complex sentences, such as: I feel I'm very/quite good at
When I was young, I was good at

dancing	cooking	reading with my children	
singing	swimming	making clothes	DIY

3. Show learners your star as an example and then ask them to make their own. Encourage learners to use coloured pencils, felt tip pens, glue and glitter to make their stars as fun, colourful and creative as possible.

Extension activity

Ask learners to describe each other using the 3rd person, and the other learners have to remember and guess who it is, e.g. *She's good at DIY and enjoys swimming*.





